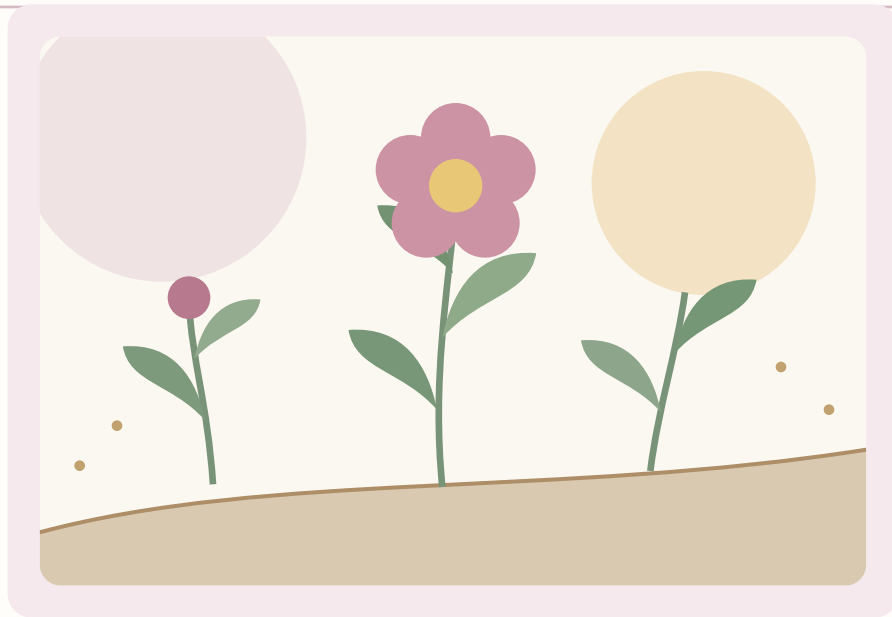


A WOMAN'S PLACE



THRIVE ANYWAY

Finding joy, purpose, and growth in Christ

A DEEPER DIVE INTO JEREMIAH 29:11

Part 1 of 8: A Deeper Dive into Popular Christian Texts

BIBLE STUDY + REFLECTIVE JOURNAL

THRIVE ANYWAY / A GUIDED SCRIPTURE STUDY

A DEEPER DIVE INTO JEREMIAH 29:11

God spoke hope to a displaced people facing a long season in Babylon. His promise did not erase their waiting; it gave them a reason to seek Him and live faithfully within it. In Christ, women today can seek joy, purpose, and growth even while they wait.

FROM THE BLOG TO THE WORD / IN THIS STUDY

- The road to captivity
- God's sovereign faithfulness
- Honest objections and false shortcuts
- God's presence in the unfamiliar
- Trusting His future while living today
- Expecting His goodness and journaling in faith

BEGIN HERE

The promise has a setting

Main reading: Jeremiah 29:1-14

READ

Read Jeremiah 29:1-14 aloud. Mark the commands in verses 5-7, the warning in verses 8-9, the time frame in verse 10, and the invitations in verses 12-14.

KEY IDEA

Verse 11 was first addressed to the Judean exiles as a people. God promised their restoration after a long exile. For us, it reveals His faithful character while calling us to read His promises in context.

OBSERVE THE MOVEMENT

Displacement (vv. 1-4) → faithful life in Babylon (vv. 5-7) → reject false hopes (vv. 8-9) → promised restoration (vv. 10-11) → prayer and wholehearted seeking (vv. 12-14).

DISCUSS + REFLECT

1. Who received this letter, and where were they living?

2. Which instruction surprises you most? Why?

Opening prayer

Lord, help us hear Your Word as its first hearers did, and meet us honestly in our own season of waiting. Amen.

01 / HISTORY

What led to captivity?

Read: 2 Kings 24:10-17; Jeremiah 25:3-11; 29:1-4

STUDY FOCUS

Judah had repeatedly refused God's warnings through His prophets. Babylon's conquest and deportations were covenant judgment, not an accident outside God's knowledge. Jeremiah wrote to people already taken from Jerusalem, while more hardship still lay ahead.

LOOK CLOSELY

Jeremiah 25:3-7 names persistent refusal to listen. Second Kings 24 describes the deportation under Nebuchadnezzar. In Jeremiah 29:4, God names the exile as something He has permitted under His rule.

DISCUSS + REFLECT

1. What do these readings say about the causes of exile?

2. How might the exiles have felt hearing that God still addressed them as His people?

LIVE IT OUT

When consequences or disruptions confront me, where do I need honest repentance, and where do I need patient endurance?

02 / SOVEREIGNTY

Faithful in His decisions

Read: Jeremiah 29:4-7, 10-14; Lamentations 3:21-26

STUDY FOCUS

God's sovereignty includes both the painful season and His commitment to restore. The seventy years in verse 10 kept the people from expecting an immediate return. His faithfulness was present in instructions for today and a promise for the future.

LOOK CLOSELY

God commands households to be built, gardens to be planted, families to grow, and the city's welfare to be sought. Restoration has a set horizon, yet obedience begins now. His decisions are purposeful even when the people cannot see the full path.

DISCUSS + REFLECT

1. What does the seventy-year time frame change about your reading of verse 11?

2. Which command in verses 5-7 could shape your life during a season you cannot shorten?

LIVE IT OUT

Where might I be waiting for circumstances to change before I obey what God has already made clear?

03 / OBJECTIONS

When hope is contested

Read: Jeremiah 28:1-4, 10-17; 29:8-9, 15, 24-32

STUDY FOCUS

A quicker, easier message had appeal. Hananiah predicted a swift end to Babylon's power, while Jeremiah warned the exiles against messages God had not sent. The letter also records resistance to Jeremiah's counsel. Honest grief is welcome before God; comforting claims still need testing.

LOOK CLOSELY

Compare Jeremiah 28:3 with 29:10. The competing timelines cannot both be true. Jeremiah does not ask the people to pretend exile is pleasant; he asks them to reject false certainty and listen to the Lord.

DISCUSS + REFLECT

1. What objections might an exile raise to building a life in Babylon?

2. When have you preferred a quick answer over a difficult, faithful one? How can Scripture test that answer?

LIVE IT OUT

Write a truthful question or objection to bring to God in prayer today.

04 / PRESENCE

God is still present

Read: Jeremiah 29:7, 12-14; Psalm 139:7-10

STUDY FOCUS

Distance from Jerusalem did not place the exiles beyond God's hearing. He called them to pray for the city and promised that when they called on Him and sought Him wholeheartedly, He would hear and be found by them.

LOOK CLOSELY

Notice the verbs: pray, call, come, seek, find. The promise of God's presence does not depend on ideal surroundings. Their prayers in Babylon mattered to Him.

DISCUSS + REFLECT

1. What in verses 12-14 shows that God had not abandoned His people?

2. What ordinary place in your life needs to become a place of prayer?

LIVE IT OUT

Name one person or community whose welfare you can seek and pray for this week.

05 / FUTURE

Trust His plan; live today

Read: Jeremiah 29:10-14; Romans 8:28-39

STUDY FOCUS

Jeremiah 29:11 promised a future and a hope to Judah's exiles through God's pledged return. It was not a guarantee that each person would avoid suffering or see every desired outcome quickly. Christians may trust the same faithful God while grounding their hope in Christ and His enduring love.

LOOK CLOSELY

Verse 11 sits between the long seventy-year wait and the call to seek God. Hope is therefore joined to patient faithfulness, prayer, and God's larger work across generations.

DISCUSS + REFLECT

1. How does the original promise differ from a promise of immediate personal success?

2. What faithful step can you take this week while your future remains uncertain?

LIVE IT OUT

Complete this prayer: "Lord, while I wait for _____, help me to _____."

06 / EXPECTATION

Expect good from the Lord

Read: Psalm 27:13-14; Matthew 7:7-11; Romans 8:31-39; James 1:17

STUDY FOCUS

Christian women can expect good from the Lord because He is a loving Father who hears, gives wisdom, sustains, and completes His saving work in Christ. This expectation is confident without dictating the timing or shape of every answer. God's best may include growth, provision, an open door, strength to endure, or a different path than the one we imagined.

LOOK CLOSELY

Psalm 27 joins confidence in God's goodness with courage to wait. Jesus invites us to ask our Father. Romans 8 anchors our confidence in God's gift of His Son and His inseparable love. These passages encourage bold prayer and humble trust together.

DISCUSS + REFLECT

1. What good gift or help are you asking the Lord for right now?

2. How can you expect His goodness while leaving the outcome and timing in His hands?

LIVE IT OUT

Pray specifically for what you hope for, then name one way you will welcome His wisdom and care today.

01 / HONEST HOPE

Naming this season

Read and reflect: Psalm 62:8; Jeremiah 29:12

JOURNAL PROMPT

What is difficult, unfinished, or uncertain in this season? Pour out your heart to the Lord without editing your feelings.

WRITE YOUR REFLECTION

Where have you noticed even a small sign of His care?

PRAYER STARTER

Lord, I bring You...

02 / JOY

Joy in His presence

Read and reflect: Psalm 16:11; John 15:9-11

JOURNAL PROMPT

Recall a moment of delight, gratitude, or peace this week. How might receiving Christ's love make room for joy even before circumstances change?

WRITE YOUR REFLECTION

What simple practice helps you notice the Lord's goodness?

PRAYER STARTER

Today I thank You for...

03 / PURPOSE

Faithful where I am

Read and reflect: Jeremiah 29:5-7; Ephesians 2:10

JOURNAL PROMPT

What people, responsibilities, and opportunities has God placed near you? Consider one good work you can do with love right where you are.

WRITE YOUR REFLECTION

How could seeking another person's welfare give this season purpose?

PRAYER STARTER

Show me whom to serve...

04 / GROWTH

Growing in Christ

Read and reflect: John 15:4-5; Colossians 2:6-7

JOURNAL PROMPT

What might it mean to remain rooted in Christ today? Name a habit, attitude, or fear you want Him to shape through His Word and Spirit.

WRITE YOUR REFLECTION

What small step of obedience can you practice this week?

PRAYER STARTER

Root me more deeply in...

05 / WAITING

Courage for the wait

Read and reflect: Psalm 27:13-14; Galatians 6:9

JOURNAL PROMPT

Write about a hope that has taken longer than you expected. What kind of strength do you need for the next faithful step?

WRITE YOUR REFLECTION

What can you continue doing well while you wait?

PRAYER STARTER

Give me courage to...

06 / EXPECTATION

Asking with trust

Read and reflect: Matthew 7:7-11; Romans 8:32

JOURNAL PROMPT

Tell the Lord specifically what good you are hoping for. Then write how you can remain open to His wisdom if His answer comes differently.

WRITE YOUR REFLECTION

Which truth about His character steadies your expectations?

PRAYER STARTER

Father, I ask You for...

07 / COMMUNITY

Hope shared with others

Read and reflect: Jeremiah 29:7; Hebrews 10:23-25

JOURNAL PROMPT

Who could use your prayer, presence, encouragement, or practical help? Reflect on how God can work through your life for their good.

WRITE YOUR REFLECTION

What is one concrete way to reach out this week?

PRAYER STARTER

Help me encourage...

08 / LOOKING FORWARD

My next faithful step

Read and reflect: Jeremiah 29:11-14; Philippians 1:6

JOURNAL PROMPT

Looking back across this study, what have you learned about God's faithfulness? Write one hope, one act of obedience, and one way you desire to grow in Christ.

WRITE YOUR REFLECTION

What will you remember when uncertainty returns?

PRAYER STARTER

As I go forward, I trust You with...

BRING IT TOGETHER

Hope with roots

[Return to Jeremiah 29:10-14](#)

FIVE TRUTHS TO CARRY

God did not hide the cause of exile. He remained sovereign through it. He warned against convenient lies. He heard His people in Babylon. He promised a future rooted in His own faithfulness.

REMEMBER

A faithful reading does not promise an easy timeline for every believer. It invites us to seek the Lord, pray for our neighbors, obey in the present, and trust His character with what we cannot yet see.

PERSONAL RESPONSE

What have I learned about God from the whole passage?

What is one honest objection I need to bring to Him?

Where can I seek joy, live with purpose, and grow in Christ this week?

CLOSING PRAYER

Father, teach us to trust Your wisdom without rushing past grief or uncertainty. Keep us from false hope, make us faithful where You have placed us, and draw us to seek You with our whole hearts. In Jesus' name, amen.

Scripture references for further reading: Deuteronomy 28:36-37; 2 Chronicles 36:15-23; Daniel 9:1-3; Hebrews 10:23. Study prose paraphrases biblical passages.