

PSA

Why the prayer, study, and apply method will work for you!

STUDY

PRAY

APPLY

*Draw near to God, and
He will draw near to
you. James 4:8*

PSA Bible Study Method

What I love about this method of Bible Study is it incorporates some of the methods I have come to enjoy over time. I will admit I can get lost in study and often times have to ensure I don't neglect other responsibilities in ordinary life.

The PSA Method allows for you to go as deep as you desire or tip your toe in the water if that is what you need. Please do not feel obligated to me in any way. This is a no "judgement" zone.

Keep in mind however, the more you study what the Bible teaches about God, first and foremost and about how we are to serve Him and others, transformation is inevitable! It is going to happen. As followers of Jesus Christ that is what we should expect. If you find the going slow, be patient with yourself - God is at work!

I pray you enjoy the example of "envy" that is used in the following pages! It's a deep work of the flesh than can sneak upon us in a subtle way. Our enemy is very crafty.

Allow the Spirit of Truth to lead you and I promise you will be just fine. I must say this is truly my pleasure to serve you and be a small part of your faith walk as you journey toward your heavenly home!

Sincerely,

Danette Hutchenson
A Woman's Place

PSA GUIDE

Pray (feel free to use your own prayer)

Gracious and merciful God. I pray you give ear to my cry and help me to be transformed and renewed in this area (fill in the blank) that doesn't reflect your good, acceptable, and perfect will. I open my heart and mind to Your good counsel and the wisdom of the spiritually mature leaders you have given me. Thank you, Lord...amen.

Study

Now that you have offered your concern to the Lord in prayer the next step is to study. Please do not overlook this part even if you think you are not good at it. You will become a great student if you allow yourself to be. Define the word using tools such as a dictionary, concordance or online sources such as Blue Letter Bible or Bible Hub; and find where the Scriptures speak about this area?

The example I will use is "envy".

Envy – Merriam Webster Dictionary – (n) a feeling of painful or resentful awareness of an advantage enjoyed by another, joined with a desire to possess the same advantage. (v) To feel envy towards someone for something they possess or have achieved. Note: It carries with it the feeling of "discontent" or "resentment" from someone else's possessions, abilities, or status that you want for yourself. OUCH....this should be enough to encourage us to not want to follow the world's way of living.

Envy – Vine's Expository Dictionary of New Testament Words – the feeling of displeasure produced by witnessing or hearing of the advantage or prosperity of others even in spiritual matters!

Speaking of Jesus: "For he knew that it was out of **envy** that they had delivered him up". Matthew 27:18

Speaking of ministry: "Some indeed preach Christ from **envy** and rivalry, but others from goodwill. Philippians 1:15

Speaking of Christians: "For we ourselves were once foolish, disobedient, led astray, slaves to various passions and pleasures, passing our days in malice and **envy**, hated by others and hating one another. Titus 3:3

Apply

Now that we have defined a sample word, it is time to find out what to replace it with; what to use to "renew our mind". Putting God's wisdom (what to do) into practice will consistently *renew your mind and transform your behavior*. You will be blessed in your obedience, (James 1:25). You will have a sense of relief, refreshing and renewal because the more you apply the truth, the more freedom you will have. The application process develops our spiritual maturity which causes us to be a blessing to ourselves and others.

As we can see the practice of “envy” has nothing good attached to it. It is vile, ugly and does not serve the followers of Christ or His Kingdom. How do we overcome it? The easiest way is to find out the opposite meaning of the word and practice it until it becomes second nature. Envy’s opposites (antonym) are generosity, kindness, goodwill, benevolence, and **contentedness (to be content)** just to name a few. *WordHippo.com* says there are 177 opposite words for “envy”. Out of these we are sure to find passages that support at least one beautiful attribute that will help renew our minds and transform us more into Christ’s image. Look at the example below to get a better understanding of what this simple PSA process actually looks like.

Content: Philippians 4:11 “Not that I am speaking of being in need, for I have learned in whatever situation I am to be **content**”: adj. satisfied, pleased, gratified, fulfilled, unworried, at ease, comfortable...See how easy that is? When envy rears its ugly head you simply say. “I will be **content** in my current situation and not be anxious about anything.” You complete the PSA circle with a prayer like the one below.

“Lord, please help me to be thankful
and **content** with what You have
provided for me. I am determined to
be fulfilled and unworried about
my future because You love me”.

**You can do this and remember we are
“transforming together”!**

Study the example as much as you need to. Once you have gotten a handle on it move on to the practice pages below. I suggest you practice one a day just to get it into your muscle memory!! We will continue with what the Apostle Paul started in Galatians 5. *Remember to start with prayer; that is where the Lord may reveal what is in your heart that needs transformation!*

We would love to hear how this went for you!

What did you get out of it the most?

Did you find some scriptures more difficult than others? Was this PDF useful to you in your quiet time with the Lord?

Blessings,

D

www.awomansplaceforyou.com

PSA BIBLE STUDY METHOD

PRAYER

STUDY/WORD DEFINITION

APPLY

PSA BIBLE STUDY METHOD

PRAYER

STUDY/WORD DEFINITION

APPLY

PSA BIBLE STUDY METHOD

PRAYER

STUDY/WORD DEFINITION

APPLY

PSA BIBLE STUDY METHOD

PRAYER

STUDY/WORD DEFINITION

APPLY

PSA BIBLE STUDY METHOD

PRAYER

STUDY/WORD DEFINITION

APPLY

PSA BIBLE STUDY METHOD

PRAYER

STUDY/WORD DEFINITION

APPLY

PSA BIBLE STUDY METHOD

PRAYER

STUDY/WORD DEFINITION

APPLY

PSA BIBLE STUDY METHOD

PRAYER

STUDY/WORD DEFINITION

APPLY

PSA BIBLE STUDY METHOD

PRAYER

STUDY/WORD DEFINITION

APPLY

PSA BIBLE STUDY METHOD

PRAYER

STUDY/WORD DEFINITION

APPLY

PSA BIBLE STUDY METHOD

PRAYER

STUDY/WORD DEFINITION

APPLY

My prayer for you is that you learned some new things about God or were reminded of wonderful things you already knew. May God bless you richly as you continue to “draw nigh” unto Him.

Danette Hutchenson